EASY RECIPE FOR FAMILY FUN.

Berry Good Dessert

Serving size: about ½ cup Cost per serving: \$0.41 Makes about 4 servings

Prep time: 7 minutes prep, 1 hour chill

Ingredients:

1 envelope unflavored gelatin (in the same aisle as flavored gelatin) 2 cups sliced strawberries

1 cup grape juice

Directions:

- 1 Wash and slice the herries and then place in a shallow dish (9 x 9 brownie pan works well).
- 2. Combine gelatin and grape juice in a small pan and warm over low heat until the gelatin dissolves (about 5 minutes).
- 3. Pour gelatin and grape juice over berries and refrigerate until firm (about 1 hour).



Kids will love watching this tasty treat take shape.

Try making this same recipe in several small bowls so each member of the family gets their own dessert.

Nutrition Information

Calories: 62 Fat: 1 gram

Sodium: 13 milligrams

Fiber: 7 grams Sugar: 51 grams





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